

Regular Meeting: Sun., Oct. 8th at 2 pm - South Rm., St. Helen's Christian Living Ctr.

**Council meeting:** Sat., Oct. 15th at 9:15 am.- Arby's on west side of US-1 at 16<sup>th</sup> Pl. in Vero.

**Agenda and Schedule for meeting:**

- 2:00 - Meeting called to order. Opening Prayer, Reports, Old/New Business.
- 2:20 - A Blessing of our donations to the Food Pantry
- 2:25 - **Ongoing Formation: Continuation of our study of the Rule of the Secular Franciscan Order: Rule 19** - "Mindful that they are bearers of peace which must be built up unceasingly, they should seek out ways of unity and fraternal harmony through dialogue, trusting in the presence of the divine seed in everyone and in the transforming power of love and pardon. Messengers of perfect joy in every circumstance, they should strive to bring joy and hope to others. Since they are immersed in the resurrection of Christ, which gives true meaning to Sister Death, let them serenely tend toward the ultimate encounter with the Father." (One of our members will provide an introductory lesson and facilitate the discussion to follow.)
- 3:00 - Refreshments and break
- 3:20 - Franciscan Crown Rosary. Liturgy of the Hours for the 27<sup>th</sup> Sunday in Ordinary Time.
- 4:00 - Closing Prayer and Dismissal (If you have time, please assist us in straightening out the South Room before you leave for home. Thanks!)

**Refreshment Committee for this meeting:**

**Snacks:** Sarah Hardy and Elaine Matthews

**Beverages:** Julia McHugh

**Remember in your prayers:** Please pray for our candidate, Adele, who will be professed in late November. And continue praying for Jennie, George Thomas, Jerry Carey, Donna Haro, John Matthews, Fred, for Carlos Calderon's son, Carlos Jr. (who is awaiting surgery) and all professed Franciscans in our Florida region who are ill as well for the members of our fraternity who are not attending our meetings regularly.

**Upcoming Dates to Mark on your calendar:**

Sunday, November 26, 2006 (Feast of Christ the King) - Rite of Profession for Adele Lamour at St. Bernardette Church in St. Lucie West at the 10:45 Mass

September 29-31 - Weekend Retreat in honor of St. Elizabeth of Hungary (spouse, mother, princess) at San Pedro Center, Winter Park FL. It will be led by Fr. Vianney Cunningham TOR. To register: call (407)671-6322.

Sunday, Oct. 1<sup>st</sup> 2006, St. Helen's Parish Ministry Fair from 1pm until 4:30pm in the Auditorium. Our fraternity will share a booth with the Prison Ministry Team. This year's fair will include food and fun outside at the picnic tables. Can you assist us on that day?

Friday, Nov. 17<sup>th</sup> The 800<sup>th</sup> Anniversary of the Feast of St. Elizabeth of Hungary, a patroness of the Secular Franciscan Order.

Sunday, January 14, 2007 - Chapter of Elections at our regular fraternity meeting with Fr. Tom

Minister: Helen Caldarone, SFO  
Vice-Minister: Fred Schaeffer, SFO  
Secretary: Elizabeth Smith, SFO  
Treasurer: Sarah Hardy, SFO  
Formation Director: Gene Caldarone, SFO  
Councillors-at-Large  
George Thomas, SFO; Marguerite Rysdyke, SFO  
Spiritual Assisitant  
Fr. Richard P. LaCorte, SFO

Commissioners

Work: Jack Solloway, SFO  
Family: Susan Solloway, SFO  
Peace and Justice: Sarah Hardy, SFO  
Youth: *(vacant)*

Ecology: Fred Schaeffer, SFO

Formation

Assistant Director: Donna M. Haro, SFO  
Formation Team: Caroline DiGennaro, SFO;  
Marguerite Rysdyke, SFO; Andrea Cardoza, SFO.  
Webmaster/Editor: Fred Schaeffer, SFO

Murphy presiding. The Nominating Committee, Gene Caldarone and Kathleen Van Buskirk, will report to the fraternity at our Nov. Meeting. Call them if you are interested in running for an office and, please, pray for the grace to say “Yes” if you are asked to place your name in nomination as a “servant leader” in our fraternity.

**From the Minister’s Desk:** Many thanks to all of you who attended the Profession Rite and Mass for Elizabeth Smith on Sept. 3<sup>rd</sup> celebrated by Father Richard, our Spiritual Assistant. Despite the torrential downpour right after Mass, everyone found my house and enjoyed the delicious refreshments you all provided. You all deserve applause for your unfailing good-nature and thoughtfulness. Father Richard presented Elizabeth, who is a Sacristan at St. John of the Cross, with a silver Franciscan ring. All of you deserve a applause for your unfailing good-nature, and thoughtfulness. Peace and all-Good!!

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Resolutions of a Novice  
By St. Conrad of Parzham

(Words in italics indicate how these Resolutions can be used to strengthen our Spiritual Life)

1. Resolutions taken with great deliberation and full confidence in the assistance of Jesus and Mary to help me keep them.
2. I will strive earnestly to form the habit of always placing myself in the presence of God and of often asking myself: Would I do this or that if my confessor or my superior were observing me, and especially in the presence of God and my guardian angel?
3. I will often ask myself when crosses and pain come upon me: ‘Conrad, why are you here?’ **Why am I here?**
4. I will avoid as much as possible going out of the monastery (**house**), unless love of neighbor or obedience or health demand it, or for some other good reason.
5. I will earnestly strive to preserve brotherly charity in myself and in others. I will be careful never to utter a word against charity. I will patiently bear with the faults, defects and weaknesses of others and as far as possible I will cover them with the mantle of charity, whenever there is no obligation to reveal them to one who has the power to correct them.
6. I will carefully observe **inner** silence as much as possible. I will always be sparing of my words in conversation and thereby avoid many faults and be able to converse the better with God.
7. At table I will always place myself in the presence of God and conduct myself with great reserve, denying myself those dishes that I would relish most and practicing especially those mortifications which are least noticeable. Outside of mealtime I will take no food unless commanded by holy obedience. **Practice frugality.**
8. I will always go to the choir immediately when the signal is given, if not otherwise prevented. **(I will go to church when required and more frequently)**
9. I will avoid association with persons of the other sex as much as possible, unless obedience imposes on me a duty which requires association with them. In that case I will be very serious and keep my eyes in strict control. **Since members of the SFO are not bound by celebrity, nevertheless, let us respect each other’s “space” in this regard.**
10. I will always practice obedience exactly and punctually, and will strive particularly to conquer my own will in all things. **Obedience to the Rule of St. Francis.**
11. I will earnestly try to be faithful even in small matters and abhor every voluntary imperfection. I will scrupulously observe the Holy Rule and strive to never depart from it by even a hair’s breadth, no matter what happens.
12. I will ever strive to cultivate a tender devotion to the Blessed Virgin Mary and endeavor to imitate Her virtues.